

Spartanburg Vikings Spring Practice Schedule 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28-Apr OFF	29-Apr Miracle League 5:00 - 9:00	30-Apr OFF	1-May OFF	2-May OFF	3-May OFF	4-May OFF
5-May OFF	6-May Helmets Field: 3:45 Finish: 4:45 Varsity Special Tms	7-May Miracle League Helmets Field: 3:45 Finish: 4:45 Varsity Special Tms	8-May Helmets Field: 3:45 Finish: 4:45 Varsity Special Tms	9-May OFF	10-May OFF	11-May OFF
12-May OFF	13-May Full Meet: Class Walk Thru: 3:45 Field: 4:20 Finish: 6:00 Freshman Lift	14-May Helmet Meet: 3:40 Walk Thru: 4:10 Finish: 5:00 Freshman Lift	15-May Full Meet: None Field: 3:35 Finish: 5:30 COUNTY DAY Freshman Lift	16-May Helmet Meet: 3:40 Walk Thru: 4:10 Finish: 5:00 Freshman Lift	17-May Shells Meet: Class Walk Thru: None Field: 3:45 Finish: 5:15	18-May Graduation
19-May OFF	20-May Full Meet: 1:15 Walk Thru: 2:00 Field: 2:30 Finish: 4:00	21-May Helmets Meet: 1:15 Walk Thru: 2:00 Finish: 3:00	22-May Shells Meet: None Walk Thru: Exam Finish: 1:00	23-May Full Spring Game 5:00 Cookout After	24-May OFF	25-May OFF
26-May OFF	27-May Memorial Day OFF	28-May Shells Lift: 8:00 Meet: 9:00 Walk: 9:45 Practice: 10:15 Finish: 11:45	29-May Shells Lift: 8:00 Meet: 9:00 Walk: 9:45 Practice: 10:15 Finish: 11:45	30-May Shells Lift: 8:00 Meet: 9:00 Walk: 9:45 Practice: 10:15 Finish: 11:45	31-May OFF	1-Jun OFF

**Must have new physicals by June 1.
Go to UT June 6th.**

**Player Remind: Text: @878khe3
To: 81010**