

## **VIKING FOOTBALL**

### **2024 Spring and Summer Dates**

**March Open Season:** Monday: Film and Walk Through. Tuesday and Thursday: Practice.  
Wednesday: Position Specific. 3:45 – 5:15.

**D7 Youth Football Camps:** Saturday, March 9<sup>th</sup> and Saturday, April 13<sup>th</sup>.  
10:00 – 12:00 at Spartanburg High School.

**UGA Spring Practice Visit:** Tuesday, March 19<sup>th</sup>. Varsity only.

**UGA Coaches Visit:** Tuesday, March 19<sup>th</sup> – Thursday, March 21<sup>st</sup>.

**State Strength Meet:** Saturday, March 23.

**Carolina's Combine Series:** Sunday April 14. Spartanburg HS. Invite Only.

**Physicals:** April 15<sup>th</sup>. \$20 at Spartanburg High School during the school day – elective periods only.

**Prom:** Saturday, April 27<sup>th</sup>.

**Carolina Miracle League:** Monday, April 29<sup>th</sup>.

**Spring Practice:** Monday, May 6<sup>th</sup> – Wednesday, May 8<sup>th</sup>. Monday, May 13<sup>th</sup> – Friday, May 17<sup>th</sup>.  
Monday, May 13<sup>th</sup> – Friday, May 17<sup>th</sup>. Monday, May 20<sup>th</sup> – Thursday, May 23<sup>rd</sup>.  
Tuesday, May 28 – Thursday, May 30. 3:45 – 6:30.

**County Collective Location Spring Practice:** Wednesday, May 15<sup>th</sup>. Spartanburg High School.

**Graduation:** Saturday, May 18.

**Spring Game & Team Cookout:** Thursday, May 23<sup>rd</sup>. 6:00.

**Senior Cookout:** Thursday, May 30<sup>th</sup>. 1:00. Coach Hodge's house.

**Senior Ladies Recognition and Etiquette Dinner:** TBD  
Viking Stadium Hospitality Suite.

**Football – Booster Club Golf Tournament:** TBD.

**April Team Bonding Events:** TBA.

**Summer Varsity Workouts – Begin Tuesday, May 28<sup>th</sup>:** Monday, Tuesday, Wednesday, Thursday.  
OL / DL: 8:00 – 11:00. Lift first, practice second. Skill: 9:00 – 12:00 at SHS. Lift first, practice second.  
Special Teams and Team 10:30-11:00.

**Summer C Team (Freshman) Workouts – Begin Tuesday, May 28<sup>th</sup>:** Monday, Tuesday, Wednesday,  
Thursday. 9:00 – 11:45. Practice then lift.

**Summer Middle School Workouts – Begin Monday, June 3<sup>rd</sup>:** Monday, Tuesday, Wednesday, Thursday.  
8:00 – 10:45. Lift then practice.

*All summer workouts will take place at the high school. It is essential all rising 7<sup>th</sup> through 12<sup>th</sup> graders attend the workouts. Anyone deemed physically unable to compete will be held from competitions until deemed physically capable to safely compete. Eligibility to attend the summer competitions, camps and clinics will be determined, in part, by attendance. Breakfast, Lunch and Transportation will tentatively be served each day.*

# VIKING FOOTBALL

## 2024 Spring and Summer Dates

**Summer Youth Camps:** Every Monday night in June. 5:30 – 7:30 at Viking Stadium and the SHS practice field.

**Tentative 7 on 7 Dates:**

1. Thursday, May 30 – vs Broome – Two Teams.
2. Thursday, June 6 – @ UT – Two Teams.
3. Tuesday, June 11 – @ Georgia – One Team.
4. Wednesday, June 19 – @ UNC – One Team.  
Thursday, June 20 – Carowinds.
5. Friday, June 21 – @ USC – Two Teams.
6. Monday, July 8 - @ FCA
7. Tuesday, July 9 – @ FCA
8. Wednesday, July 10 - @ FCA
9. Wednesday, July 17 – vs Broome – Young Kids.

**4<sup>th</sup> of July Dead Week:** June 29<sup>th</sup> – July 7<sup>th</sup>

**Senior Intern Week:** July 22<sup>nd</sup> – 24<sup>th</sup> or July 29<sup>th</sup> – 31<sup>st</sup>.

**Underclassmen REFINEMENT Week:** July 22, 23, 24. More information to come.

**Vacation Dates:** No activities will be scheduled for the week of June 29<sup>th</sup> – July 7<sup>th</sup>, and the week of July 26<sup>st</sup> – August 2<sup>nd</sup>. Scheduled vacations during this time will be appreciated. All players will be allowed one further week of vacation as well. Any event / camp that a player attends that helps change the player and / or world for the better will be counted as attending a workout – simply needs to be communicated beforehand.

***Pre-Season Practice – First Varsity and JV Practices: Saturday, August 3<sup>rd</sup> at 6:00 p.m. and Sunday August 4<sup>th</sup> @ 2:30 p.m. Must attend both to be eligible to scrimmage on August 8<sup>th</sup>.***

**Scrimmages / Jamborees**

- Thursday, August 8 – vs Grey Collegiate
- Monday, August 12 – vs Northwestern
- Saturday, August 17 – @ Broome vs Mallard Creek, NC

**FIRST GAME of 2024 – AUGUST 23<sup>rd</sup> at SOUTH POINTE**

**IRON SHARPENS IRON**

**#REFINED**

**Facebook: Spartanburg Vikings Football**

**Instagram: Spartanburg\_FB**

**X: Spartanburg\_FB**

**Website: Spartanburgvikingsfootball.com**