Spartanburg High School Football Player Expectations



No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it.

All athletes will be required to follow the rules stated in the school and athletic handbooks. This team is not only a reflection of Viking Football, but of Spartanburg High School, Spartanburg School District Seven, and the families who support us. We will take pride in representing each of these with class and respect. The individual team rules are indicated.

The athletes that will start the game, will be the athletes that we feel have worked to earn these spots. This hard work must also be accompanied with successful performance. Each player will receive the same opportunities to claim a starting position, and playing time will only be discussed between players and coaches.

Team Rules

1. Be on time.

-Anyone late for practice (except for excusable reasons) will have to make up the work they missed, in addition to extra conditioning. Excessive tardiness (3) will result in suspension from the team.

-Anyone late for a game will not play. If you miss the bus, stay at home. You will not be allowed on the sideline.

2. Don't miss practice. Anyone who misses (except for excusable reasons) will not dress for the proceeding game, in addition to extra conditioning. You will also not be allowed to travel with the team.

-Any athlete who misses any student holiday practice, including Labor Day will serve a two game suspension.

(Excusable reasons: Sickness, death, emergency, tutorial reasons, or any reason approved prior to the practice by the coach.)

3. Excel in the classroom.

- -Any athlete who has less than an 85 average will be assigned academic overtime with the teacher of concern. Not attending will result in suspension from the game.
- -Any athlete who has less than a 70 at any weekly grading period will be placed on academic suspension. The athlete will not be allowed to participate in any team activities until the grade has been brought up to passing and a note indicating effort has been sent from the corresponding teacher. Failure to do so will result in academic dismissal. (A note from the corresponding teacher indicating acceptable effort, can override the suspension or dismissal.)
- 4. Jewelry is not to be worn on the field.
- 5. Profanity of any nature will not be tolerated. If you slip apologize. A profanity filled tirade will result in immediate removal from the contest, practice, etc.

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- 6. All equipment must be properly stored and the field must be properly maintained. If it is not, it will result in extra team conditioning.
- 7. Outward displays of negative emotion will not be tolerated. We will play with class, regardless of the situation.
- 8. While the players are on the athletic field, they will not communicate with anyone outside the field.
- 9. No player will argue with his coach, his teammates, the officials, or any opposing player or coach.
- 10. Athletes need to be clean shaven. First of all it looks nice, but more importantly you do not want to have to be shaven in the event you should require stitches.
- 11. Athletes may wear their hair in any fashion they wish as long as it is groomed. However, hair may not hang out from under the helmet due to safety precautions. This voids the helmet warranty.
- 12. All athletes will be required to attend one community service project per season. These include, but are not limited to youth mentoring program, elementary reading initiatives, Christmas in Action, Miracle League, Habitat for Humanity, mission trips, etc.
- 13. All athletes must adequately participate in the strength and conditioning program. Any athlete deemed unfit to play, will not be placed in harm's way. If at all possible, we ask that all vacations be scheduled for the week of the 4th of July and the last week of July. We will not schedule any team activities either week. If the 4th falls on a weekend, we will not schedule any team events on the week leading up to the 4th. Athletes get these two weeks plus one other off during the summer.
- 14. Insubordination in any degree is grounds for immediate suspension.
- 15. Players will be treated in accordance to the value they provide the organization. Those that make great decisions, will be treated as such.

Behavior Modification and Discipline

We desire to develop great decision makers. When poor decisions are made the modification plan will be tailored to the specific situation. These include but are not limited to the following individual or combined actions:

- 1. Immediate physical reminders (at practice.)
- 2. Immediate removal from the game.
- 3. Typed reflections specific to the situation.
- 4. Suspension: Pay to watch the game and a typed reflection.

Detention Hall / ISS:

- 1st: Immediate physical reminders (at practice.)
- 2nd: Typed reflections specific to the situation.
- 3rd: Suspension: Pay to watch the game and a typed reflection.

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<u>Dismissal</u>

Athletes may / will be dismissed from the team for the following reasons:

- 1. 3rd Suspendable offense.
- 2. Use of alcohol or tobacco.
- 3. Arrest / Charges Filed Against. The athlete will be suspended during the legal process.
- 4. Severe Insubordination.
- 5. Theft from teammates or coaches.
- 6. If the athlete quits the team.
- * The coach reserves the right to increase or decrease any punishment indicated based on the circumstances and severity of the situation.

Regardless of our record, we will be known as a program of class. A program consists of everyone involved in the district, including parents and fans. We appreciate your support. Football is a privilege. We will treat it as one.

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